



Independent and In Control: Solo Internist Finally Finds Balance

Constance B. Purser, MD, a seasoned physician, reclaimed her time—and rediscovered the joy of independent practice ownership with the right systems in place.

OVERVIEW

Constance B. Purser, MD, an internal medicine physician with decades of experience, operates a solo practice where personalized care is the priority. But like many independent practitioners, she found herself overwhelmed by the mounting demands of documentation and administrative tasks. Charting became a daily challenge, and the burden of managing it all alone was starting to take its toll.



Determined to find a better solution, Dr. Purser turned to WRS Health, a physician-designed EHR and practice management platform. What she found was more than a system—it was a partner that understood her needs and overhauled her day-to-day operations.

THE PROBLEM

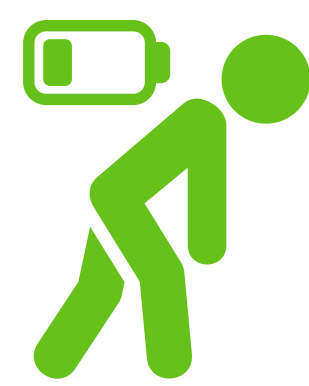
Before WRS Health, Dr. Purser faced:



Clunky documentation that disrupted her ability to focus on patient care



Lack of system support, which increased her stress as a solo provider



Emotional exhaustion from navigating inefficient tools that weren't built for how she practiced

As a physician deeply committed to her patients, Dr. Purser was also looking to reclaim personal time to enjoy life with her three dogs. She needed an EHR that could ease the pressure—without compromising care.

THE SOLUTION: WRS HEALTH’S ALL-IN-ONE PLATFORM

Dr. Purser chose WRS Health because it was built by physicians who understand firsthand the challenges of clinical practice. The platform's intentional design and integrated features gave her immediate relief.

Key solutions included:



Simplified Documentation:

Templates and charting tools aligned with real clinical workflows



Integrated Practice Management:

Scheduling, billing, and documentation housed in one place



Physician-Designed Interface:

Tools created with medical logic and provider input

“This system has completely changed the way I practice. It’s truly made a difference in my day-to-day life. It is by far the best decision I ever made for my practice—and I can say that without hesitation.”

Since implementing WRS Health, Dr. Purser has experienced:

- ✓ Less time spent documenting
- ✓ Greater confidence managing her practice independently
- ✓ More mental clarity and professional satisfaction
- ✓ A renewed ability to focus and a refreshed work-life balance

“*I previously had a very cumbersome electronic medical record system. I looked at 10-15 different EHRs, based initially on price and what they had to offer, and then really looked at the ease of doing billing, scheduling, everything all in one, rather than getting different components of a program.*”

A PHYSICIAN-DESIGNED EHR THAT DELIVERS



Dr. Purser especially values that WRS Health is built by physicians who understand the realities of clinical care and what it takes to manage a practice. Reflecting on WRS Health’s physician-founded roots, Dr. Purser shares why that distinction matters:

“I think that they understand better what we’re going through, *and* how hard it is to see patients and document everything in a given day, and make sure the billing is done correctly. I think only people who do it everyday understand how that needs to be done.”

Her words highlight a key advantage—WRS Health is designed by those who’ve lived the clinical reality, not just observed it. For solo providers who feel overwhelmed by complex systems or disconnected tools, WRS Health offers a smarter, more intuitive way to work.

By choosing a system designed with doctors in mind, Dr. Purser not only regained control of her workflow—she also reclaimed time for herself. With less time spent charting and troubleshooting, she’s able to enjoy more of what recharges her outside the office, including time with her dogs.

WRS Health helped restore balance in her practice and her life. If you're ready to lighten your administrative load and focus more on what matters—both in and out of the clinic—WRS Health is here to help.

Learn how WRS Health can help you reclaim your day.

Schedule a demo